



TIDEWATER DISTRICT VIRGINIA JUVENILE JUSTICE ASSOCIATION

presents the

16th ANNUAL SPRING INSTITUTE

"So Many Hats, So Little Time"

March 29 & 30, 2007

Quality Inn, 705 Atlantic Avenue, Virginia Beach, VA

We are excited to offer 2 days of quality training to VJJA members! We hope you will find the topics timely and informative. Lunch on both days is included in the registration. DRESS IS CASUAL! We will also have a "Crazy Hat" contest so be sure to wear one if you want a chance to win great prizes!

YOU CANNOT REGISTER AT THE TRAINING, ONLINE, OR BY EMAIL! Money **MUST** accompany your registration form. Tidewater members will get priority until 2/24/07 and then it will be open to all members, if there is room. E-mail confirmations will be sent. The training will be held in the Festival Center at the Quality Inn at the oceanfront. Parking (free) is available on the 1st floor of the 9th Street Parking Garage. You **MUST** enter the Parking Garage from Atlantic Avenue to get the free parking! ROOM RATES are \$62 if you'd like to stay and all rooms are oceanfront with balconies. Please call 757-428-8935 to make your reservation by 3/1/07.

THURSDAY, MARCH 29, 2007

8:30 - 9:00 **REGISTRATION**

9:00 - 12:00 **OPENING REMARKS – Beth Stinnett, VJJA President**

KEYNOTE – "STRESS, THE HIDDEN OBSTACLE TO SUCCESS" - Dr. Doris Young, PhD, RN
Distress to Success: Techniques to help you balance your personal and professional life.

12:00 - 1:00 **LUNCH** (provided)

1:00 – 2:30 **AGGRESSION REPLACEMENT TRAINING**

Paul Greggs, Director of Westhaven Boys Home and David Hawkins, Deputy Director of TRGHC
A multi-component approach for working with aggressive youth

GIRLS: SUGAR, SPICE, AND EVERYTHING NICE. IS THAT WHAT GIRLS ARE MADE OF?

Faye McGrath, M.S. Ed, NCC JAIBG Clinician, Chesapeake Community Services Board

A discussion of how males and females are treated differently from birth to adulthood. This will include issues and protective factors specific to females and the impact and history of girls in the juvenile justice system and mental health.

POWER OF FIRST IMPRESSIONS - Angela Hinton, Training Consultant

This workshop examines the subtle cues that influence our "First Impressions" of others, and brings awareness to how others perceive you and how powerful that perception is in comparison to how you view yourself.

2:45-4:15 **WORKSHOPS REPEATED**

5:00 **RECEPTION** (Washington Room)

FRIDAY, MARCH 30, 2007

9:00-12:00 **GENERAL SESSION – "DEALING WITH STRESS AND CHANGE" Steve Kissell, CSP**

Learn the dangers and signs of stress and how to avoid them. This highly interactive program will explore the stress of change and techniques for dealing effectively with it.

12:00 - 1:00 **LUNCH** (provided)

1:00 – 3:00 **WORKSHOPS (PICK ONE)**

ADOLESCENT SUBSTANCE ABUSE – Don Lee, Regional Director, Institute for Family Centered Services
Adolescent Substance Abuse Treatment: Challenge, Interventions, and the Importance of Collaboration

CHOICE THERAPY – William Wheeley, LPC

Counseling youth and families when there are too many issues and too little time.

3:00 – 4:00 **WRAP UP, DOOR PRIZES, EVALUATIONS**

(Please detach and mail)

NAME: _____ PHONE: _____

AGENCY: _____ E-mail: _____

RECEPTION: _____ (Please check if planning on attending)

COST: \$25 for VJJA members

Mail to: Robin Bailey, Chesapeake CSU
301 Albemarle Drive
Chesapeake, VA 23322
robin.bailey@djj.virginia.gov

ONE DAY REGISTRATION: _____ \$15 (members)
(Please check which day) Thursday _____ Friday _____

(Make checks payable to "VJJA")

DEADLINE: March 22, 2007 (Limited to 165!)